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Rebecca A. Clark, M.D., Ph.D., Gloria Richard-Davis, M.D., FACOG, Jill Hayes, Ph.D., Michelle Murphy, J.D., and Katherine Pucheau Theall, Ph.D.

Planning to become a parent is a profound experience. When the journey to parenthood proves challenging, Planning Parenthood will guide prospective parents through the complicated mazes of assisted reproduction and adoption.

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William H. Hughes, M.D.  
foreword by John T. Walkup, M.D.  

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illustrated by Susanna Natti

Love and Limits In and Out of Child Care is a roadmap for parenting happy, healthy children.

“Brings a no-nonsense, loving grandmother and a sensitive pediatrician right into your own home!”

—Marlene Booth and Avi Soifer, Honolulu, Hawaii

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Dorothy A. Drago, M.P.H.

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Your Child with Inflammatory Bowel Disease
A Family Guide for Caregiving
North American Society for Pediatric Gastroenterology, Hepatology and Nutrition
Editors-in-Chief Maria Oliva-Hemker, M.D., David Ziring, M.D., and Athos Bousvaros, M.D.

An expert team of pediatric gastroenterologists explains the symptoms, diagnoses, and treatments associated with Crohn disease, ulcerative colitis, and indeterminate colitis to help parents and children cope with the challenges of IBD.

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Keeping Your Child Healthy at Home and on the Road
Dr. Christopher S. Ryder

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Barry R. Komisaruk, Beverly Whipple, Sara Nasserzadeh, and Carlos Beyer-Flores

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Jill Grimes, M.D.

2009 Book of the Year, USA Book News

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edited by Kenneth D. Miller, M.D.

“Miller’s approach provides the reader with the sense that she’s had a private and unhurried consultation with each specialist: medical oncologists, radiation oncologists, and surgeons . . . This collection will help to fortify women making tough choices, offering invaluable information along with hope.”

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Julie K. Silver, M.D.

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—Library Journal

*A Johns Hopkins Press Health Book*

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Todd J. Cohen, M.D., F.A.C.C., F.H.R.S.

In this easy-to-read guide, Dr. Todd Cohen provides comprehensive information to help people with heart rhythm problems (arrhythmias) get an accurate diagnosis and appropriate treatment.

“Anyone facing an invasive heart rhythm procedure must read this guide.” —Andrew Weil, M.D.

*Living Well with Heart Failure, the Misnamed, Misunderstood Condition*
Edward K. Kasper, M.D., and Mary Knudson

“A must-read for anyone who’s been diagnosed with the condition or who will contribute to the care of someone with it. Throughout, the book takes a calm, careful, and responsible approach to explaining what’s happening to your body in heart failure, and what you can do to live better with it.”

—Ivan Oransky, M.D., Executive Editor, Reuters Health

*Living with Coronary Heart Disease*
A Guide for Patients and Families
Jerome E. Granato, M.D., F.A.C.C.

“This book is excellent at explaining the causes of heart disease and the science behind diagnosis and treatment.”

—Library Journal

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*Your Guide to a Long and Healthy Life*

Julia Schlam Edelman, M.D., F.A.C.O.G.

*Menopause Matters* is a complete guide for improving a woman’s physical and mental health from age 35 and on.

“With clarity and confidence, Edelman addresses a wide range of essential and timely topics in this information-packed primer for women entering perimenopause and beyond.”

—*Publishers Weekly*

*A Johns Hopkins Press Health Book*

2009 408 pp.
978-0-8018-9383-4  $18.95 paperback

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**When the Diagnosis Is Multiple Sclerosis**

*Help, Hope, and Insights from an Affected Physician*

Kym Orsetti Furney, M.D.

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Rene Genadry, M.D.,
and Jacek L. Mostwin, M.D., D.Phil.

“An excellent resource for women with urinary incontinence and their caretakers. Wide in scope and thorough in coverage.”
—Library Journal

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The Complete Guide
Elizabeth A. Stewart, M.D.

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second edition
William J. Weiner, M.D.,
Lisa M. Shulman, M.D.,
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—Publishers Weekly

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Get Your Lower Back Pain under Control—and Get on with Life
Anthony H. Guarino, M.D.

With detailed information about medications, exercise, injections, surgery, psychological interventions, and alternative treatments, Get Your Lower Back Pain under Control—and Get on with Life is an invaluable resource for anyone who suffers from chronic back pain. As Dr. Guarino encourages his own patients, “Master your pain. Reclaim your life!”

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and Lee Hunter Riley III, M.D.
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Informative and reassuring, The Back Book provides readers with the knowledge they need to understand their back pain and get started on the route to relief.

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—Family Caregiver Alliance

2008 64 pp., 16 color photos
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—Psychiatric Services

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